



Doxey Primary School

PHSE Jigsaw Vocabulary Year 1

Safe	Special	Calm	Belonging	Rights	Responsibilities	Learning Charter
Rewards	Proud	Consequences	Upset	Disappointed	Similar	Same as
Different	Differences	Similarity	Bullying	Deliberate	On Purpose	Unfair
Included	Bully	Bullied	Celebration	Unique	Success	Achievement
Goal	Learning	Process	Dreams	Team work	Working together	Celebration
Challenge	Feelings	Obstacle	Overcome	Achieve	Success	Healthy
Unhealthy	Balanced	Exercise	Sleep	Choices	Body Parts	Hygienic
Safe	Clean	Medicines	Trust	Safety	Family	Belong
Friends	Friendships	Qualities	Caring	Sharing	Kind	Like
Dislike	Greetings	Touch	Feel	Texture	Help	Helpful
Community	Confidence	Praise	Qualities	Skills	Self-belief	Incredible
Celebrate	Appreciate	Relationships	Changes	Life cycle	Baby	Adult
Grown up	Mature	Male	Female	Testicles	Vagina	Penis
Learn	Grow	New	Anxious	Worried	Excited	Coping

PHSE Jigsaw Vocabulary Year 2

Worries	Hopes	Fears	Belonging	Rights	Responsibilities	Actions
Rewards	Praise	Consequences	Positive	Negative	Choices	Co-operate
Learning Charter	Problem Solving	Similarities	Assumptions	Shield	Stereotypes	Differences
Bully	Difference	Purpose	Kind	Unkind	Feelings	Sad
Different	Lonely	Help	Stand up for	On purpose	Friends	Friendships
Included	Caring	Values	Special	Unique	Celebration	Realistic
Proud	Success	Celebrate	Achievement	Goal	Strengths	Persevere
Difficult	Easy	Partner	Team work	Product	Group	Problem solve
Dream	Healthy choices	Lifestyle	Motivation	Relax	Relaxation	Tense
Calm	Healthy	Unhealthy	Dangerous	Medicines	Safe	Body
Balanced diet	Portion	Proportion	Energy	Fuel	Nutritious	Family
Cooperate	Special	Important	Relationship	Physical contact	Touch	Communication
Hugs	Like	Dislike	Acceptable	Unacceptable	Friends	Conflict
Conflict	Point of view	Positive problem solving	Secret	Surprise	Good secret	Worry secret
Telling	Adult	Trust	Surprised	Happy	Sad	Frightened
Trustworthy	Honesty	Reliability	Compliments	Celebrate	Appreciate	Hug
Change	Grow	Life cycle	Control	Self-belief	Adult	Fully grown
Old	Young	Change	Respect	Appearance	Physical	Baby
Toddler	Child	Teenager	Adult	Independent	Timeline	Freedom
Male	Female	Vagina	Penis	Testicles	Public	Private
Comfortable	Uncomfortable	Squeeze	Cuddle	Touch	Texture	Looking forward
Excited	Nervous	Anxious	Happy			

PHSE Jigsaw Vocabulary Year 3

Welcome	Valued	Achievement	Proud	Pleased	Personal Goal	Acknowledge
Affirm	Praise	Emotions	Feelings	Nightmare	Fears	Worries
Solutions	Support	Rights	Responsibilities	Learning Charter	Dream	Behaviour
Rewards	Consequences	Actions	Fairness	Choices	Co-operate	Challenge
Group dynamics	Team work	View point	Ideal school	Belong	Difference	Conflict
Caring	Family	Loving	Safe	Connected	Special	Solve it together
Solutions	Resolve	Witness	Bystander	Gay	Unkind	Feelings
Tell	Bullying	Consequences	Hurtful	Compliment	Differences	Unique
Similarities	Perseverance	Success	Obstacles	Dreams	Goals	Ambitions
Aspirations	Future	Enterprise	Design	Co-operation	Strengths	Motivation
Enthusiastic	Excited	Efficient	Responsible	Frustration	Solution	Review
Learning	Self-review	Celebrate	Evaluate	Oxygen	Lungs	Heart
Fitness	Heartbeat	Healthy	Drugs	Attitude	Safe	Anxious
Scared	Strategy	Advice	Harmful	Medicines	Substances	Complex
Body	Appreciate	Men	Women	Male	Female	Unisex
Role	Job	Responsibility	Respect	Stereotype	Win-win	Problem solving
Unsafe	Dangers	Dangerous	Hazards	Risks	Safety rules	Worried
Concerned	Relieved	Scared	Anxious	Global	Communications	Transport
Needs	Interconnected	Food journeys	Climate	Trade	Inequality	Family
Wants	Deprivation	United nations	Justice	Equality	Happiness	Celebrating
Relationships	Friendship	Thank you	Changes	Birth	Animals	Babies
Mother	Growing	Baby	Grow	Uterus	Womb	Control
Nutrients	Survive	Love	Affection	Care	Puberty	Sperm
Vagina	Penis	Testicles	Eggs	Ovaries	Womb	Task
Roles	Looking forward	Happy	Nervous			

PHSE Jigsaw Vocabulary Year 4

Included	Excluded	Welcome	Valued	Team	Charter	Role
Job Description	School community	Responsibility	Rights	Democracy	Responsibilities	Reward
Consequence	Democratic	Decisions	Voting	Authority	Learning charter	Contribution
Observer	Choices	UN Convention on Rights of the Child	Character	Assumption	Judgement	Surprised
Different	Appearance	Accept	Influence	Appearance	Opinion	Attitude
Judgement	Bullying	Friend	Secret	Deliberate	On purpose	Bystander
Witness	Problem solve	Cyber bullying	Text message	Website	Special	Unique
Different	Characteristics	Physical features	Impression	Changed	Accept	Hope
Dream	Goal	Feeling	Determination	Perseverance	Disappointment	Fears
Hurt	Positive experiences	Plans	Cope	Help	Resilience	Self-belief
Motivation	Commitment	Team work	Enterprise	Design	Co-operation	Review
Learning	Strengths	Success	Celebrate	Evaluate	Friendships	Emotions
Healthy	Relationships	Value	Embarrassed	Roles	Leader	Follower
Assertive	Agree	Disagree	Smoking	Pressure	Peers	Guilt
Advice	Alcohol	Liver	Diseased	Anxiety	Fears	Believe
Opinions	Right	Wrong	Close	Distant	Contribute	Mutual benefit
Belonging	Caring	Loss	Strategy	Shock	Disbelief	Numb
Denial	Anger	Guilt	Sadness	Pain	Despair	Hopelessness
Relief	Acceptance	Depression	Souvenir	Memento	Memorial	Remember
Vegetarianism	Debate	Respect	Memories	Strategies	Love	Symbol
Personal	Unique	Parents	Sperm	Egg	Penis	Testicles
Vagina	Womb	Ovaries	Making love	Fertilise	Reproduction	Puberty
Menstruation	Periods	Circle	Seasons	Change	Control	Looking forward
Excited	Nervous	Anxious	Happy			

PHSE Jigsaw Vocabulary Year 5

Education	Appreciation	Opportunities	Goals	Motivation	Vision	Challenge
Rights	Citizens	British	Denied	Enterprise	Wealth	Poverty
Responsibilities	Prejudice	Rewards	Consequences	Choices	Learning charter	Cooperation
Collaboration	Participation	Motivation	Culture	Conflict	Difference	Similarity
Belong	Culture wheel	Racism	Colour	Race	Discrimination	Culture
Ribbon	Bullying	Rumour	Name calling	Racist	Homophobic	Cyber bullying
Texting	Problem solving	Indirect	Direct	Happiness	Difference	Culture
Similarities	Continuum	Developing world	Plantation	Celebration	Artefacts	Display
Presentation	Dream	Hope	Goal	Feeling	Achievement	Money
Grown up	Lifestyle	Job	Career	Profession	Salary	Contribution
Society	Hope	Determination	Perseverance	Motivation	Aspiration	Country
Sponsorship	Comic relief	Communication	Support	Rallying	Sponsorship	Team work
Cooperation	Choices	Healthy behaviour	Unhealthy behaviour	Informed decision	Pressure	Emergency
Procedure	Recovery position	Calm	Level-headed	Body image	Media	Celebrity
Altered	Self-respect	Eating problem	Respect	Healthy lifestyle	Characteristics	Personal qualities
Attributes	Self-esteem	Negotiate	Compromise	Trust	Loyalty	Anger
Betrayal	Empathy	Boyfriend	Girlfriend	Attraction	Pressure	Personal
Comfortable	Body language	Feelings/emotions	Positive	Negative	Jealousy	Safe
Technology	Communicate	Pressures	Resist	Risk	Harm	Identity
Personal information	Vulnerable	Self	Self-image	Body image	Perception	Aspects
Affirmation	Puberty	Menstruation	Periods	Sanitary towels	Tampons	Ovary
Vagina	Womb/Uterus	Sperm	Semen	Testicles/testes	Erection	Ejaculation
Wet dream	Larynx	Facial hair	Growth spurt	Hormones	Relationships	Fertilisation
Conception	Making love	Sexual intercourse	Fallopian tubes	Pregnancy	Embryo	Umbilical cord
Contraception	Fertility treatment (IVF)	Teenager	Milestones	Perceptions	Change	Hope
Cope	Manage	Opportunities	Emotions	Fear	Excitement	Anxious

PHSE Jigsaw Vocabulary Year 6

Goals	Worries	Fear	Value	Welcome	Choice	Ghana
West Africa	Cocoa plantation	Cocoa pods	Machete	Rights	Community	Education
Wants	Needs	Maslow	Empathy	Comparison	Education	Behaviour
Responsibilities	Rewards	Consequences	Learning charter	Empathize	Obstacles	Cooperation
Collaboration	Participation	Motivation	Democracy	Decision	Proud	Normal
Ability	Disability	Visual impairment	Perception	Medication	Vision	Blind
Cerebral palsy	Role model	Inspire	Independent	Power	Struggle	Imbalance
Control	Harassment	Bullying	Indirect	Direct	Argument	Recipient
Para-Olympian	Achievement	Accolade	Sport	Perseverance	Admiration	Stamina
Celebration	Difference	Conflict	Dream	Hope	Goal	Learning
Strengths	Stretch	Personal	Realistic	Unrealistic	Criteria	Success
Learning steps	Money	Global	Issue	Suffering	Concern	Hardship
Motivation	Admire	Respect	Praise	Compliment	Contribution	Recognition
Mood	Energy	Balanced diet	Drugs	Effects	Motivation	Mis-use
Anti-social	Responsible	Appropriate	Emergency	Recovery position	CPR	Safety
Mental health	Emotional health	Mental health	Symptoms	Stress	Triggers	Strategies
Managing stress	Pressure	Significant	Relationship	Special	Feelings	Close
Important	Feelings/emotions	Sadness	Loss	Grief	Pain	Change
Bereavement	Coping strategies	Denial	Guilt	Despair	Shock	Hopelessness
Anger	Acceptance	Power	Authority	Bullying	Script	Assertiveness
Technology	Communication	Cyber bullying	Abuse	Safety	Self-image	Self-esteem
Celebrity	Real self	Opportunities	Freedom	Trust	Respect	Cervix
Foetus	Puberty	Placenta	Umbilical cord	Labour	Contractions	Midwife
Vagina	Womb/Uterus	Sperm	Semen	Testicles/testes	Erection	Ejaculation
Independence	Grown up	Attraction	Friends	Relationships	Transition	Secondary
Looking forward	Journey	Worries	Anxiety	Hopes	Excitement	